

## RUTLAND HEALTH AND WELLBEING BOARD

10 October 2023

### RUTLAND MENTAL HEALTH NEIGHBOURHOOD STRATEGY AND ACTION PLAN

#### Report of the Portfolio Holder for Adult Care and Health

Strategic Aim:	Neighbourhood approach to Mental Health support		
Exempt Information	No		
Cabinet Member(s) Responsible:	Councillor Dianne Ellison, Portfolio Holder for Adult Care and Health		
Contact Officer(s):	Mark Young, Senior Mental Health Neighbourhood Lead	myoung@rutland.gov.uk	
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Ward Councillors	N/A		

#### DECISION RECOMMENDATIONS

That the Committee:

1. Approve the Rutland Neighbourhood Mental Health Strategy 2023-2027 and Rutland Neighbourhood Mental Health Action Plan 2023-2027 for the Rutland Mental Health Neighbourhood Group, which are attached as Appendix A and B to this report.

## 1 PURPOSE OF THE REPORT

The purpose of this report is to seek the Health and Wellbeing Board's approval for the Rutland Neighbourhood Mental Health Strategy 2023-2027 and Rutland Neighbourhood Mental Health Action Plan 2023-2027 for the Rutland Mental Health Neighbourhood Group, which is a subgroup of the Rutland Health and Wellbeing Board.

## 2 BACKGROUND AND MAIN CONSIDERATIONS

- 2.1 Mental health is an important area reflected in the recognition and commitment to parity of esteem in national strategies by which mental health and physical health must be given equal priority, an approach which is enshrined in law by the Health and Social Care Act 2012 and the recent Health and Care Bill 2022, which became

law in April 2022.

- 2.2 The Rutland Mental Health Neighbourhood Group brings partners together in Rutland to lead on driving, coordinating and enabling mental health transformation within Rutland. The Rutland Mental Health Neighbourhood Group will work with the Rutland Health and Wellbeing Board, local authority, local VCS partners and local health organisations to set local priorities and take informed local decisions on implementation.
- 2.3 There is recognition within the Rutland Joint Health and Wellbeing Strategy: The Rutland Place based plan 2022 – 2027 for the need to address and improve mental health which is recognised as a cross-cutting priority. In this plan, this group will aim to deliver specific actions:
- 7.1.1 - Increase access to perinatal mental health support services.
  - 7.1.2 - Understand the gaps in service reported by service users where children and young people need help with their mental health.
  - 7.1.3 - Increase local resource to respond to children and young people's mental health.
  - 7.1.4 - Creating a local plan to better coordinate care for mental health across neighbourhood service areas.
  - 7.1.5 - Increased response for low level mental health issues.
  - 7.1.6 - Long-term objectives to deliver an integrated neighbourhood approach to mental health needs in Rutland are met.

### **3 CONSULTATION**

- 3.1 A collaborative approach including members from the local authority, local VCS partners and local health organisations have discussed the strategy and action plan. The Rutland Mental Health Neighbourhood Group will discuss each action and seek to reach conclusions by consensus, which will be evidence-based or underpinned by the most relevant information we have at that point in time.

### **4 ALTERNATIVE OPTIONS**

- 4.1 Not applicable

### **5 FINANCIAL IMPLICATIONS**

- 5.1 Where it is deemed relevant, the group will assess any funding opportunities. By using local data and evidence-based insights to support neighbourhoods with information and themes, we can better enable them to design initiatives to meet local needs.

### **6 LEGAL AND GOVERNANCE CONSIDERATIONS**

- 6.1 The Rutland Mental Health Neighbourhood Group is a sub-group of the Rutland Health and Wellbeing Board.

- 6.2 The group is also part of the LLR Mental Health collaborative governance. Collectively, this brings together three Place-based Mental Health groups from Rutland, Leicester City and Leicestershire alongside the LLR Mental Health Collaborative Group. The collaborative governance feeds directly into the Integrated Care Board. The Place-based groups are not subordinates to the collaborative group but will work together to form the Mental Health Collaborative for the Leicester, Leicestershire and Rutland system.

## **7 DATA PROTECTION IMPLICATIONS**

- 7.1 Data Protection Impact Assessments (DPIA) will be undertaken for individual projects as and when required to ensure that any risks to the rights and freedoms of natural persons through proposed changes to the processing of personal data are appropriately managed and mitigated.

## **8 EQUALITY IMPACT ASSESSMENT**

- 8.1 An Equality Impact Assessment (EqIA) will be completed for each project by the group. For the strategy, work in this area will provide positive impact to all Rutland residents.

## **9 COMMUNITY SAFETY IMPLICATIONS**

- 9.1 Having a safe and resilient environment has a positive impact of health and wellbeing and people's mental health. There are no specific community safety implications, and we will continue to work closely with our neighbourhood partners to build strong and resilient relationships across Rutland.

## **10 HEALTH AND WELLBEING IMPLICATIONS**

- 10.1 The Rutland Mental Health Neighbourhood strategy and action plan will bring local partners to work together effectively with the aim to enable positive mental health transformation within Rutland, which will look to enhance the health and wellbeing of the local population.

## **11 CONCLUSION AND SUMMARY OF REASONS FOR THE RECOMMENDATIONS**

- 11.1 We want the people in Rutland to live long and healthy lives. By ensuring that support for their mental health needs is met using the data already researched that shows any current need and gaps, as well as working closely with the local population, will be key to seeing this vision realised. To achieve this, the collaborative group will discuss each action and agree on how we will deliver this, as well as how we can measure the effectiveness and success of the work. The strategy and action plan will identify the needs of people living within Rutland, being locally informed and responsive to local populations. We are therefore looking to have the Rutland Neighbourhood Mental Health Strategy 2023-2027 and Action Plan approved for the Rutland Mental Health Neighbourhood Group.

## **12 BACKGROUND PAPERS**

- 12.1 There are no additional background papers to the report.

## **13 APPENDICES**

13.1 Appendix A – Rutland Mental Health Neighbourhood Strategy 2023-2027

13.2 Appendix B – Rutland Mental Health Neighbourhood Action Plan 2023-2027

**A Large Print or Braille Version of this Report is available upon request – Contact 01572 722577.**